

Schedule for 4 Year Olds

Sometimes, transitions from one activity to the next is difficult for children. It is helpful if we make it a set routine, and let them know that routine, so that you can talk about your child's day with him/her.

OPENING

8:30 - 8:50 AM The opening activity eases the child into the new school day. We greet each child, and have some conversation, take roll, sing a song, or introduce concepts, and explain the centers of the room.
12:30 - 12:50 PM

INDOOR ACTIVITY AND LEARNING CENTERS

8:50 - 9:40 AM Indoor play gives the children an excellent opportunity to develop language language and social skills, control, and sensory awareness. The child may choose to play in one of many areas of the room: blocks, housekeeping, table toys, puzzles, etc. The learning centers are supervised activities which encompass art, science, and math concepts. We will incorporate concepts that are important to the child's development and his/her understanding of the world around him/her.
12:50 - 1:40 PM

CLEAN-UP TIME

9:40 - 9:45 AM This is the time we will all learn to work TOGETHER and put our room in order. We will learn to cooperate.
1:40 - 1:45 PM

CIRCLE TIME

9:45 - 10:10 AM Story time is a quiet calm period for reading and telling stories, and sharing our thoughts about them. It helps to stimulate the child's imagination and listening skills. Movement and music time is a fun participation activity where the child is given the opportunity to develop rhythm and an appreciation for music.
1:45 - 2:10 PM

WASH-UP TIME

10:10 - 10:15 AM Wash hands, toilet time.
2:10 - 2:15 PM

SNACK TIME

10:15 - 10:30 AM This is a time for more interaction. We learn how to use good manners and to be polite.
2:15 - 2:30 PM

OUTDOOR ACTIVITY

10:30 - 11:15 AM Outside play is a supervised child initiated time period conducted outside. We have a well-equipped playground where the children have ample opportunity to develop their large muscles, improve their coordination, strength, balance and social play. Throughout the year, new equipment will be introduced which will add variety to our routine.
2:30 - 3:15 PM

CLOSING

11:15 - 11:30 AM Closing time includes share time, music, instruments, stories, etc.
3:15 - 3:30 PM