

Schedule for Five-Day Program

Sometimes, transitions from one activity to the next is difficult for children. It is helpful if we make it a set routine, and let them know that routine, so that you can talk about your child's day with him/her.

OPENING

8:30 - 8:50 AM The opening activity eases the child into the new school day. We greet each child, and have some conversation, take roll, do calendar, and explain the centers of the room.

INDOOR ACTIVITY AND LEARNING CENTERS

8:50 - 9:35 AM Indoor play gives the children an excellent opportunity to develop language and social skills, control, and sensory awareness. The child may choose to play in one of many areas of the room: blocks, life-skills, manipulatives, puzzles, etc.

CLEAN-UP TIME

9:35 - 9:40 AM This is the time we will all learn to work TOGETHER and put our room in order. We will learn to cooperate.

COGNITIVE CIRCLE

9:40 - 9:55 AM Introduce concepts (i.e. math, alphabet, reading readiness)

OUTDOOR ACTIVITY

9:55 - 10:35 AM Outside play is a supervised child initiated time period conducted outside. We have a well-equipped playground where the children have ample opportunity to develop their large muscles, improve their coordination, strength, balance and social play. Easel painting will be available each day. Throughout the year, new equipment will be introduced which will add variety to our routine.

SNACK TIME

10:40 - 10:50 AM This is a time for more interaction. We learn how to use good manners and to be polite.

MUSIC AND STORY/SHARE

10:50 - 11:10 AM Music and movement time is a fun participation activity where the child is given the opportunity to develop rhythm and an appreciation for music. Story time is a quiet calm period for reading and telling stories, and sharing our thought about them. It helps stimulate the child's imagination and listening skills. Share time helps to develop independence. It helps us learn how to listen and to take turns.

DISMISS

11:30 AM When it is time to go home, we sit on the rug until our name is called. Then we collect our work from our cubbies. A few children will be called at a time to avoid crowding at the cubbies.